

# **News Release**

**Headline:** The Southwest Clean Air Agency, in conjunction with Oregon DEQ, issues an air quality advisory for ozone in Clark County and surrounding Portland-Vancouver Metro area.

# Release Date: Wednesday, August 7, 2024

Along with high temperatures the next couple of days, we are expecting elevated levels of ozone pollution for the Portland-Vancouver area. Ozone levels are expected to reach UNHEALTHY FOR SENSITIVE GROUPS today through Thursday evening (August 7 - 8) as the region is under the influence of the extreme heat. Health officials recommend sensitive groups limit outdoor activity when pollution levels are elevated.

### https://www.swcleanair.gov/burning/airquality.asp

The Air Quality Index rates air quality based on labels of "good" (0 to 50, green), "moderate" (51 to 100, yellow), "unhealthy for sensitive groups" (101-150, orange), and "unhealthy" (151-200, red), and "very unhealthy" (201 to 300, deep red). Any reading above 300 is "hazardous." Ozone levels are expected to increase into the "unhealthy for sensitive groups" range at several locations in the Vancouver metropolitan area.

#### https://www.airnow.gov/aqi/aqi-basics/

The advisory simply means that local residents are urged to protect their health and help improve air quality by reducing pollution from cars, mowers, paint and aerosol sprays. Commuters should consider taking public transportation or carpooling instead of driving, if possible. Ozone-sensitive people should limit outdoor activities. This group includes older adults, children and people suffering from asthma or lung disease. The Washington Department of Health offers detailed information on how residents can best deal with impacts on their homes and communities.

#### https://www.doh.wa.gov/CommunityandEnvironment/AirQuality/OutdoorAir

Pollution levels peak in the late afternoon and early evening. If you have asthma or other breathing problems, follow your health care provider's advice. Children and the elderly and especially those people with respiratory illnesses are the most at risk of serious health effects and should limit outdoor activities.

Here are ways you can help sensitive people in your community by reducing air pollution:

- Avoid any type of burning
- Avoid unnecessary engine idling
- Refuel your vehicle during cooler evening hours
- Limit driving by combining errands or using public transportation
- Don't use gas-powered mowers and yard equipment
- Don't paint or use aerosol sprays

Businesses can help by encouraging employees to carpool, take the bus or telecommute on advisory days.

On very hot summer days pollution from cars, other gas-powered engines and ozone-producing chemicals in paints and aerosol sprays can create unhealthy levels of ozone. Ozone irritates the eyes, nose and lungs, and contributes to breathing problems, reduced lung function and asthma.

For information about using C-TRAN or other transportation options in Vancouver area, call 360-695-0123, or visit <u>www.c-tran.com</u>

For weather information visit the National Weather Service website at: <u>https://www.weather.gov/</u>

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